



GAME:

Leader calls out
"sun" (stretch tall),
"rain" (curl down),
"wind" (sway),
"harvest" (jump up).

Think about what happens if we don't have any of these.



SIMPLE SCIENCE

Gather together some seeds.

Compare different seeds with magnifying glasses.

What do you notice?
Perhaps you can draw
them?

Can you see anything in the seed to show what it will grow into?





"I PLANTED THE SEED,
APOLLOS WATERED IT, BUT
GOD HAS BEEN MAKING IT
GROW." 1 CORINTHIANS 3:6

GAME:



Seed Relay -

Carry "seeds" (marbles or beans in spoons) across to plant them in a pot.

Who can win?





THOUGHT

MUDDY CHURCH

Seeds look so small and ordinary, but inside is amazing potential. Just as a tiny seed grows into something great, God helps us grow in faith and love.

WONDERING:

WHAT DO SEEDS NEED TO GROW? HOW DO WE GROW IN KINDNESS, PATIENCE, OR FAITH?

SILENCE

Mindfulness Activity:
Quietly hold a seed in
your hand. Notice its
size, texture, and imagine
the life hidden inside.



PRAYER

THANK YOU, GOD, FOR SMALL BEGINNINGS THAT GROW INTO SOMETHING WONDERFUL.

AMEN.

MAKE PAPER SEED PACKETS TO TAKE HOME.

THE TEMPLATE IS ON
THE NEXT PAGE OR YOU
COULD USE MINI
ENVELOPES AND
DECORATE THESE



CRAFT



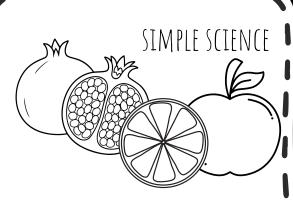
CRAFT

Decorate plant pots and sow seeds The paper plant pots are cheap and easy to draw on, you can even make these yourself.





Hide some fruit around your area. You can then use this for the mindfulness activity or for taste tests.



Slice open fruit to look at seeds inside.

Look at the shapes, smell the fragrance of the fruit.

Can you see how the fruit grew?

How many seeds can you

VERSE OF THE DAY:



"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."
- Galatians 5:22-23

"Fruit Basket" - Mark out areas with different fruit names, it could be a hoop, square or area.

When the music stops shout out a fruit and people have to try to get into the area.

GAME:









Just like fruit grows on trees when they are healthy, good qualities grow in us when we follow God. Love, joy, peace, and kindness are God's fruit in our lives.

Wondering:

Which "fruits of the Spirit" are easiest or hardest for you? Why do we thank God for fruit?



SILENCE

Pass around different fruits. Smell, feel, and taste (if safe). Notice colours, shapes, flavours.



PRAYER

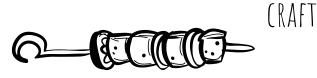
God,
thank you for all the different
types of fruit, the colours and
shapes. Please grow good
fruit in us so we can bless
others.

Weave paper or naturalmaterial fruit baskets.

For a simple option take a paper plate, fold in half and add a handle. For more ability start with a rectangle shape with edges cut and folded up. Then weave strips of paper into this.



CRAFT



Take a selection of fruit and make fruit kebabs using skewer sticks. This can be a great time to encourage trying new flavours or for the simplest of cooking skills.



GAME:

Harvest Relay –
This takes some
preparation to collect
some items - leaves,
pinecones, acorns,
stones, sticks, etc.
Challenge people to
collect and sort "crops"
(balls, cones, beanbags)
into baskets.

SIMPLE SCIENCE

Explore soil with magnifying glasses - look for worms, beetles, and insects that help farmers.

You could look directly onto the floor or collect some soil in a glass container. Take care where you get this from and to replace it.

VERSE OF THE DAY:



"The harvest is plentiful but the workers are few." Matthew 9:37

Scarecrow Tag

One player is the farmer and has to tag people. They freeze into a scarecrow and can't get free until someone runs under their arms.

GAME



harvest

THE WORK OF HARVEST



THOUGHT

MUDDY CHURCH

Harvest takes teamwork. No one can bring it in alone. In the same way, God invites us to work together in kindness, sharing, and spreading His love.

Wondering:

Why do farmers need help to bring in the harvest? How can we help God's work in the world?

SILENCE

find a space to sit and see what you can notice growing around you.



Lord of the harvest, help us work together to bring joy and hope.

Amen.

MAKE MINI SCARECROWS FROM STICKS, FABRIC SCRAPS, AND STRAW.

YOU COULD USE LOLLY STICKS OR STRAWS FOR THE FRAME, TIE TOGETHER WITH STRING OR COTTON.







CRAFT

Pinecone Hedgehogs

Collect a pinecone and lie it on it's side.

Cut out an oval and attach this to the bottom of the pinecone.

Then take a small piece of paper to make a cone, glue this to the base of the pineocne for the hedgehogs face.





"Pass the Pumpkin" – Like hot potato, but when the music stops, the person holding it shares one thing they're thankful for.



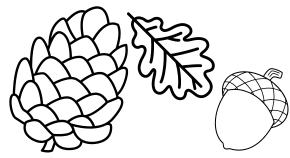
(COUNT KERNELS, COMPARE SIZES). LOOK AT THE COB AND IF POSSIBLE REMOVE LEAVES SO YOU CAN SEE THE COMPLETE COB. SEE HOW GOD HAS PROTECTED THE KERNELS..

OPTIONAL: POPCORN OVER A CAMP STOVE (WITH SAFETY).





"GIVE THANKS TO THE LORD, FOR HE IS GOOD; HIS LOVE ENDURES FOREVER." — PSALM 107:1



Gathering Game Collect natural items
(leaves, pinecones) in
teams to "fill the barn."



THANKFULNESS & SHARING







Harvest is a time to pause and say thank you. Everything we have—food, friends, love—comes from God. When we are thankful, we learn to share more freely.

Wondering:

Why do we celebrate harvest with thanksgiving? How can we share God's gifts with others?

SILENCE

Hold a pumpkin or a pinecone. Feel the texture, the weight, think of the shapes of life.



PRAYER

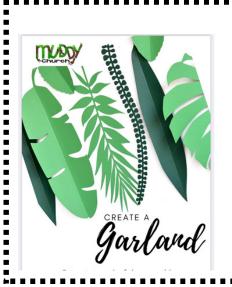
GOD,
THANK YOU FOR
YOUR GIFTS.
HELP US TO SHARE
WITH JOY.
AMEN.

Create "Harvest Hands"

trace hands on paper,
 write something you're
 thankful for in each
 finger.



CRAFT



CRAFT

Make "Thankfulness 3arlands" - decorate leaves (paper/card) with words/pictures of thanks and string