



Wandering and Wondering Through
Psolution 23

Psalm 23

The LORD is my shepherd, I lack nothing.

He makes me lie down in green pastures,

he leads me beside quiet waters,

he refreshes my soul.

He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me;

your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies.

You anoint my head with oil;

my cup overflows.

Surely your goodness and love will follow me all the days of my life,

and I will dwell in the house of the LORD forever.

The Muddy Church Psalm 23 is a four-part trail.

The trail can be set up around a set space such as a garden, park, estate or in shop windows. Please ensure you have permission and abide by distancing regulations.

It takes a familiar passage and looks at four ideas within it, however, there are many other ideas that may connect with people. So, allow people space and time to wonder and it's fine to move on as you want - you don't have to complete each section.

This Psalm may remind people of special moments in their life and so offers a wonderful space for sharing stories.

The sheets can also be used individually or to follow as part of four sessions. Each holds enough within itself for a wonder-filled wander.

I wonder if God is ever still?



What things are green?

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Can you hear stillness

The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.

I wonder if you can see anything in need?





Can you see things

that are chosen or

special?



You are invited!

Where are things overflowing?

You prepare a table before me in the presence of my enemies.

You anoint my head with oil;

my cup overflows.

What food can you see?

I wonder if you feel invited into this space?

Wonder what Gools (0) Wonder what like? (0) Surely your goodness and love will follow me all the days of my life,

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Can you see where you began?

and I will dwell in the house of the LORD forever.