



GAME:

Shadow Tag -

try to step on others' shadows.

SIMPLE SCIENCE

Explore shadows with flashlights or sunlight; see how they move. Who can make the longest shadow or the shortest?



VERSE OF THE DAY:



Genesis 1:3 –
"And God said, 'Let there be light,' and there was light."

GAME

Cloud Shape Race -



spot shapes in the clouds and name them.

Or you could cut out cloud shapes from newspaper, lay them on the floor and when music stops or on a command

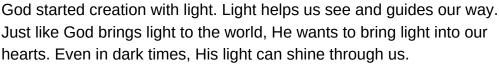
people have to jump onto the cloud.



LIGHT & DARK









Wondering Questions:

- 1. How does God's light show up in your life?
- 2. What do you notice about the sky today that makes you thankful to God?
- 3. How can you be a light to someone else?



A wonderful book called The Candle Walk, leads you through the Examen at night on a dusk wander.



Thank You, God,

PRAYER

for light and sky.

Help us see Your beauty

in each day and night.

Glow in the dark Jars

recycle old jam jars and use glow in the dark paint or stickers to decorate them.

You could add some mini fairy lights or a tea light for a lantern reminder



CRAFT

Amen.



Sun-sensitive paper, also known as cyanotype paper or sun print paper, changes color when exposed to sunlight. Lay items like leaves on it, place in sunlight and leave. Take a look and see the lights art work! This can also be done with construction paper but less effectively.

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GAME:

Plant and Seed Hunt -

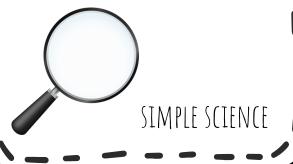
search for different types of leaves or seeds.

You could use our Leaf search as part of this. Bonus points for different colours!

Under the Magnifying Glass

Collect some leaves or plants and take a look at them using a magnifying glass (or microscope if you have one).

Try to see the veins and consider the colours. What do you notice on different leaves?



VERSE OF THE DAY:



Genesis 1:11 -

"Let the land produce vegetation... and it was so."

GAME

Nature Tic-Tac-Toe -

Collect four same size sticks and lay them out as the frame. Then use leaves and stones or acorns and pine ones as markers.



BIBLE PASSAGE Genesis 1

LAND, SEA &PLANTS





God created plants for food, beauty, and life. Each plant is unique and shows God's creativity. We can learn to appreciate and care for the world around us.



Wondering Questions:

- 1. What plant or tree is your favorite and why?
- 2.1 wonder how do plants help humans and animals?
- 3.I wonder if God loves the colours of Autumn?
- 4. I wonder what God's favourite plant is?

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SEED PAPER

- Scrap paper (used printer paper, notebook paper, or newspaper)
- Water
- Blender or food processor
- · Seeds (wildflower seeds, herbs, or small vegetable seeds)
- · A flat tray or cookie sheet
- A screen, mesh, or paper towels
- · Rolling pin or hands to flatten

Steps

- 1. Tear Paper: Tear scrap paper into small pieces (about 1-inch pieces).
- 2. Soak: Put the paper in a bowl and cover with water. Let it soak for 10-15 minutes.
- 3. Blend: Blend the paper and water into a pulpy mixture.
- 4. Add Seeds: Stir in seeds gently—don't blend them, or they might get damaged.
- 5. Form Paper: Spread the pulp onto a tray lined with screen or paper towels. Flatten it evenly with your hands or a rolling pin.
- 6. Dry: Let it air dry for 24 hours (or until fully dry).
- 7. Use: Once dry, cut into shapes. Plant the paper in soil, water it, and watch flowers or herbs grow!



God,

PRAYER

thank You for plants, trees, and gardens. Help us care for the life You made.

Amen.



paint leaves and press onto paper. You could try adding other prints such as pine cones or sycamore leaves





COUNTING LEAVES

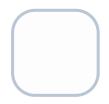


Find and count the following Leaves.





























Star Hunt –

hide paper stars for children to find. You could even try attaching some to the ceiling or tree branches to grab.

GAME:

SIMPLE SCIENCE

Time to Shine

Depending on your location, see if you can make a sundial. You could mark the hours with sticks and leaves or use a stick as the dial and watch the shadow.





Genesis 1:16 – "God made two great lights—the greater light to govern the day and the lesser light to govern the night. He also made the stars."

Gather the group outside and explain that you'll be walking slowly and silently, noticing God's creation.

Choose three moments to pause:

- Sun Pause Everyone closes their eyes, feels the warmth of the sun, and silently thanks God for light.
- Moon Pause Everyone lies down or looks up at the sky, imagining the calm of night, and silently thanks God for peace and rest.
- Stars Pause Everyone looks around for tiny details (sparkles on leaves, light in someone's eyes, or even actual stars if evening), and silently thanks God for the little wonders in creation.



BIBLE PASSAGE Genesis 1

SUN, MOON & STARS



THOUGHT

God filled the sky and waters with amazing creatures. Birds sing, fish swim, and stars shine far above. Each creation has a special place in God's plan, just like you.

I wonder if God prefers the day or the night?
I wonder if God hears the stars?
I wonder if God has ever been near to you at night?



SILENCE

Sit outside and watch the sky. If it's daytime watch the clouds moving around, softly moving from one place to another.



PRAYER

God,
thank You for the
sun, moon and stars.
Help us notice Your wonders
in the skies and seas.
Amen.



Create a star wand using a stick and cardboard cut into a star shape. Wrap some string around the star and then go on a wander, adding treasures into the string as you go.

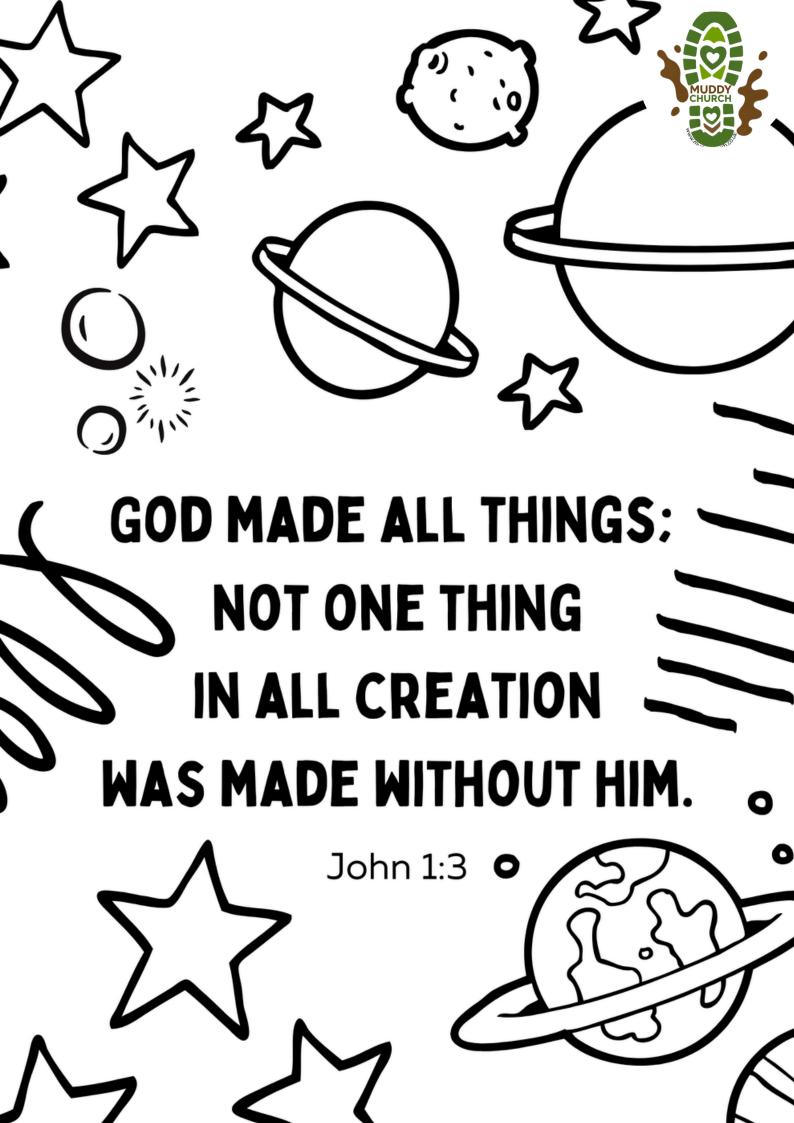




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CONSTELLATION ART

Poke holes in black paper with push pins to form constellations. Hold up to the light to see the stars shine through.

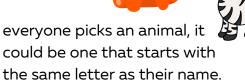


these constellations in the night sky? Can you find any of How many stars can you count? 🕥 I wonder if you in the sky? I wonder how high the sky is? Can you see the first Quarter Moon in the afternoon?



GAME:





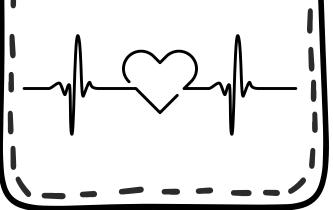
Then they mu race, moving in the style of their animal.

SIMPLE SCIENCE

Heartbeat Discovery -

Take your pulse after jumping, then again after lying still.

Talk about how the body slows and heals during rest.



VERSE OF THE DAY:



Genesis 1:27 – "So God created mankind in his own image..."

ANIMAL FREEZE DANCE



Everyone dances in an area.

When the leader says Freeze like
a... they should select an animal
that everyone should pose like.



BIBLE PASSAGE Genesis 1

THEY WERE VERY GOOD





God made humans and animals with care. Each of us reflects God's creativity. God also rested, showing us that rest and reflection are important for life.



Wondering Questions:

- 1. How are humans special compared to animals?
- 2. How can you care for animals and people around you?
- 3. Why is resting and reflecting important in your life?

STIFN(F

Sit quietly and place your hand over your heart, or feel your pulse. Focus on the beats, you May want to tap out the sound or just hear it yourself. Thank God for His heartbeat within you.

大Thank You, God,

for humans, animals, and rest. Help us care for creation and honour Your work. Amen

PRAYER

Handprint Humans -

Draw around and cut out your hand print.

think how you can decorate with paint and affirmations.

If you know someone you could do henna tattoos or hear about the symbols used.



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Creation Collage

Using sticks or rope draw the outline of a person. As a group, collect items to fill in the outline and add details. Things like pinecones make great hair or eyes. Or you could make individual drawings.

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