

This Psalm reminds us that God will take
our worries as we give them to Him.

Praise be to the
Lord, to God our
Saviour, who
daily **bears** our
burdens

Psalm 68:19



These verses talk about animals who normally might not get along lying down or living together. Sometimes we meet people who are different to us, I wonder how you get along with others?

The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them. The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox.

Isaiah 11:6-7



Be completely humble and gentle; be patient, **bearing** with one another in love

Ephesians 4:2



This verse reminds us of the importance of being kind to other people. How can you show kindness to someone today?

This verse reminds us that God loves us, forgives us and offers us a fresh start. Sometimes saying sorry can be difficult but it often brings a gift of peace and healing. I wonder if there is anyone you need to say sorry to?

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Colossians 3:13

