

Do something for a **Pause** neighbour

Discover 10 different colour and shaped leaves and thread them to make a garland

Clear out

clutter

some

someone

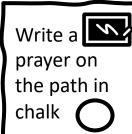
Don't use screens for the day

Spot 10 birds

Set a timer and ao for a wander. When the timer goes off stop and look around you (you could take a photo)

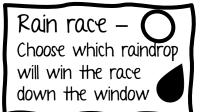
puddles













eyes for











Make a O bird feeder



Make a maze with sticks

Paint a

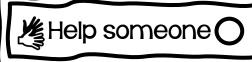
picture for

the window

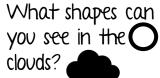














Listen



FIND 5 FLYING THINGS

